# Parties & Uorkshops

Group of 6

1 hour: £109

1.5 hours: £159

2h:£209

Group of 12

1.5 hours: £209

2 hours: £269

Group of 18

2 hours: £329

2.5 hours: £409

Parkour Party

Group of 12

1.5 hours: £159

2 hours: £209

Our standard party packages for 6, 12 or 18 are great for for birthdays, hen parties, stag dos, teambuilding and other special occasions.

Choose from Aerial and Acro disciplines such as silks, hoop, trapeze, acrobalnce, handstands and more!

For Flying Trapeze, we require more staff to run the session so it is priced separately to our standard packages.

Flying Trapeze Party

Group of 6

1hour: £169

Group of 9

1.5 hours: £249

Group of 12

(includes one other acro skill)

2 hours: £389

Group of 18

(includes 2 other acro skills)

3 hours: £669

<u>Extras</u>

Photography: £45/h

## Thoose from the following skills:

#### **Ground Based**

#### Acrobatics:

We'll literally get you jumping through hoops with tumbling skills such as cartwheels and forward rolls.

#### Acrobalance:

Great for teambulding, work with a partner or a group and create exciting shapes by balancing on each other

Hula Hoop Juggling & Tightwire: Put your balance and co-ordination skills to the test with these three complimentary skills.

#### Parkour:

Transition across an assult course of equipment using acrobatic techniques to create a unique sequence of movements.

#### Trampoline:

crash mats and an instructor to spot more difficult tricks.

#### Aerial

#### Aerial Hoop:

Learn the graceful moves of Aerial Hoop (a large metal ring supended in the air) including tricks inside and underneath the hoop.

#### Flying Trapeze:

The ultimate adrenaline rush! Jump from our platform and swing into the air and perform tricks to our catcher. All in safety lines and a harness.

#### Silks/ Cocoons:

Learn to climb, turn up-side down and manipulate the fabrics to create beautiful shapes in the air! Cocoons are a loop of fabric, perfect for kids who like to spin!

#### Static Trapeze:

You'll learn trapeze tricks on or static bars (no swinging in-Bounce your cares away on the trampoline with the safety of volved!) such as poses hanging from the bar, plus moves from sitting and standing on the bar using the ropes.

### Other Requests:

If you have any other requests please do not hesitate to ask! We will try our best to accomodate anything we can where possible.